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# **Leave Healthy And Come Back Healthy - Our eBook Shows You How**

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Join over 30 million Americans who ventured overseas with chronic illnesses. We believe that with excellent planning and preparation, you should not hesitate to join them. Our book shows you how.

There are droves of books and websites about international travel. Many are excellent; some advice is questionable. Few discuss travelling abroad with chronic illnesses and, even fewer, provide information about what to do if you get sick while in a foreign country. Our intent is to assemble reliable and accurate information for you in one place – this book. We will give links to respected websites, so that you can get additional information.

I travel to Europe three or four times a month and always discover something new. Can't wait for Volume II.

Resources and Information about causes of chronic pain, chronic inflammation, chronic inflammation, chronic pain management, major health problems...

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